

# Freedom Pass circuit

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## *Section 40: Barking Riverside to Beckton*

Distance: 6.18 mi, 9.89 km

### **Introduction**

This section falls into two halves, separated by the River Roding. The first half, which works its way through the conurbation of Barking, is rather unsatisfactory. The area includes a reasonable number of paths, but they are not well organized into a coherent network. Much of the area is industrial, and so is difficult to penetrate, or is in the process of being turned into housing, and so fenced off by building sites. The second half of the route is easier to navigate.

There are places to eat in Barking, and branches of various chains towards the end.

### **Directions**

Leave Barking Riverside Station on the west side, by platform 2.

Cross the main road, and turn left along the pavement.

At the traffic lights, turn right along Handley Page Road.

Keep straight on when the road bends left, and straight on again when it bends left again.

Then turn left alongside the reed beds.

Do not go up the ramp, but follow the path round to the left.

Turn right twice, then follow the path round to the left.

At the end, turn left up a flight of steps.

Keep straight on.

At the next two T junctions, turn right.

At the pedestrian crossing, take the footpath on the left.

Turn left after a footbridge.

At the end, turn right twice, then immediately left.

Cross two roads, and turn right along the pavement of the second.

Take the footpath on the left, just before the church.

At the end, bear right then left along Maud Gardens.

At the end, turn right.

On the right bend, turn left and go under the A13.

On the other side, turn left, then carry on along a residential road.

At the end, cross the main road ahead, and enter Greatfields Park through the entrance

on the corner.

Proceed diagonally across the grass, aiming just to the right of a children's play area.

On leaving the park, turn right.

Turn left along Keith Road.

At the end, turn left and immediately right.

At the end turn right.

You should now proceed straight on, but at the time of writing there is a large building site ahead. So instead you will need to skirt round it to the left, and turn right when you reach a main road. Just after the Orchard Health Centre (on the right) take the footpath on the left.

At the end, go straight ahead along Spring Place.

At the end, go up the steps and cross the Roding over the lock gates.

Turn left on the other side.

At the end, turn left.

Go through the kissing gate on the left.

Keep straight ahead on the main path. After going under the A13 it may become rather overgrown.

When it emerges, turn right and follow the path round to the left.

At the end, turn right.

At the roundabout, turn left.

As you approach the A13, bear left onto the cycle track.

Immediately after the underpass, turn left.

Carry straight on across the next road and along the track opposite.

Keep straight ahead across Bazalgette's Northern Outflow Sewer.

The track runs next to the main road on the left for a while, and then diverges from it.

Keep left at the next two intersections.

After a short ascent, bear right at the next intersection.

Keep straight ahead when you get to the road.

Take the next turning right, over the DLR, and then turn left along Stonewall.

Bear left onto a footpath.

You will shortly reach Beckton Station on the left.